

Year 1: Pack 2

Handwriting activities for children and parents to use at home

Pupil log-in details

Username:

Swipecode:

Password:

O O O
O O O
O O O

Teachers! Write your pupil log-in details in here.

Fine Motor Skills Warm Up Exercises

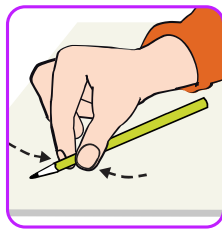
Try Letter-join's exercises to get your fingers and hands ready for handwriting:

- Select [Resources > Printouts > Warm up](#).
- Practise the actions on Fine Motor Skills.

How to hold your pencil

Find out how to hold your pencil correctly:

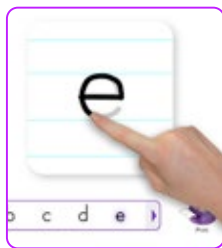
- Select [Resources > Warm up > Tripod Grip](#) and listen to Pencil Grip Rhyme.
- Practise picking up your pencil while saying the rhyme.
- Now write your name neatly.



Printed Letters

We can use printed letters to label a picture or instead of numbers on a list:

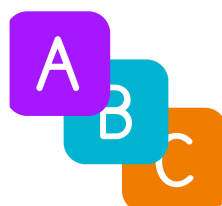
- On Letter-join, select [More Letters > Printed](#).
- Listen to the sound of each letter.
- Choose a letter and Click 'Watch' to see how to write it.
- Try air-writing the letter.
- Click 'Try' to trace the letter on your tablet.
- Trace and copy the letters on the Printed Letters worksheets.
- Complete the 'Shapes' worksheet.



Capital Letters

Capital letters are used at the beginning of sentences and words, and for form-filling:

- On Letter-join, select [More Letters > Capitals](#).
- Listen to the name of each letter.
- Choose a letter and click 'Watch' to see how to write it.
- Air-write the letter as you watch.
- Click 'Try' to trace the letter on your tablet.



- Find the words on the Word Search.
- Fill in the form using capital letters.
- Complete 'Add the Capital Letters' worksheet.
- Complete 'Capitals, Printed, Cursive' sheet.
- Write all the capital letters on your handwriting paper.

For extra practice:

- Select LetterMatch from Letter-join's 'Fun' section and see if you know the names and sounds of all the letters.
- Have a look at how to write numbers and symbols in Letter-join's 'More Letters' section.



Phonics

- Select [Phonics > Phase 3](#).
- Listen to each sound on its own and in a word.
- Click 'Watch' to see how to the letters are written.
- Try air-writing the letters.
- Click 'Try' to trace the letters your tablet.
- For more practice, play PhonicsMatch.



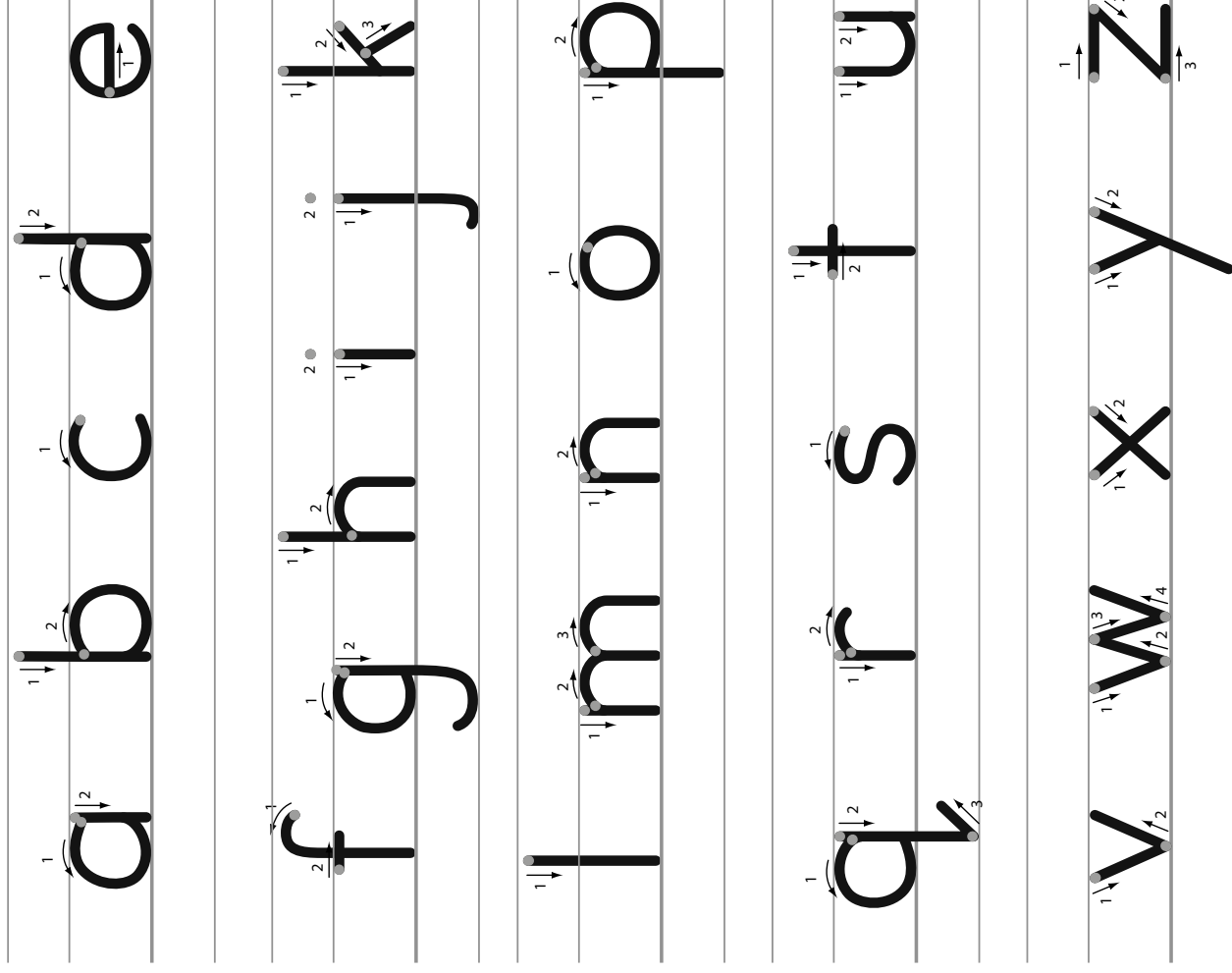
Write it Right!

Practise your cursive handwriting:

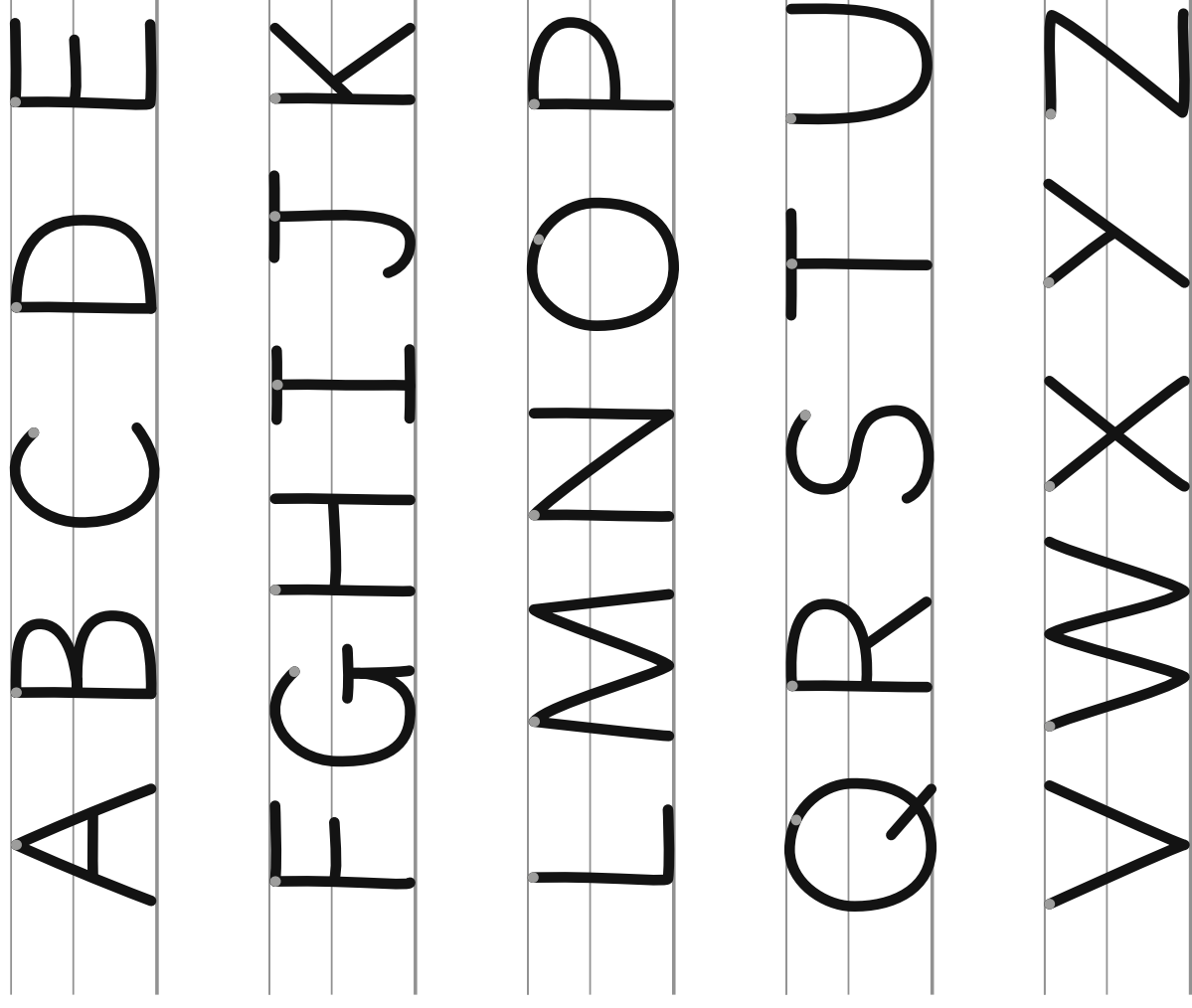
- Select 'Write it Right!' in Letter-join's 'Fun' section and choose a level.
- Type your name and neatly trace over it.
- Select a picture and trace over the word.
- Repeat for each picture and wait for the cheer when you have written them all neatly.



Printed Lower Case Letters



Capital Letters



Printed letters

a b c d e f

.

g h i j k l m

.

n o p q r s t

.

u v w x y z

.

Printed Letter Practice: 1

We can use printed letters:

- a. to label a picture
- b. instead of numbers on a list

Label the pictures using printed letters and write a sentence for each picture:

elf

donkey

apple

cake

baby



a. apple

a. The apple is red.



b.

b.



c.

c.



d.

d.



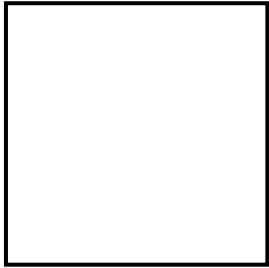
e.

e.

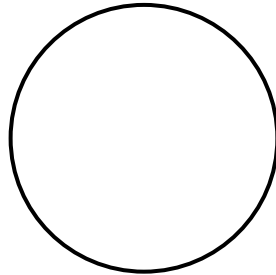
Find more worksheets at letterjoin.co.uk on Resources > Printouts > Key Stage 1

Shapes

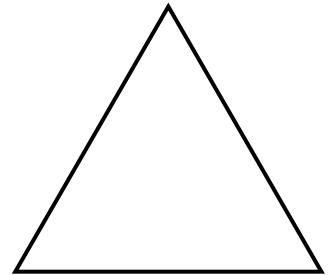
Colour the shapes and trace the labels.



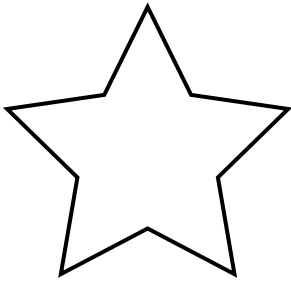
square



circle



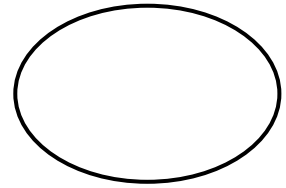
triangle



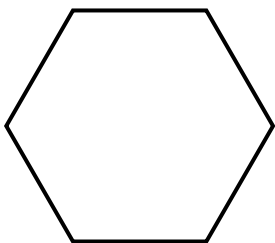
star



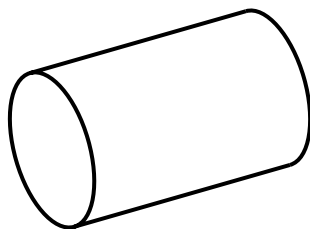
rectangle



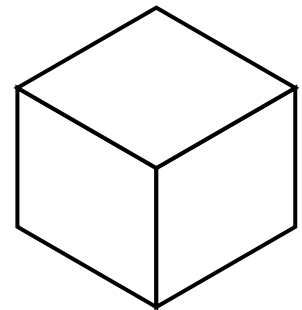
oval



hexagon



cylinder



cube

Word Search: A to L

Find the words then copy them neatly below.

M	B	E	D	R	A
L	E	G	B	A	G
I	W	J	N	X	E
C	H	I	L	L	Y
K	S	G	V	A	Q
O	T	Z	A	D	D

Look

Trace

Copy

~~LEG~~

LEG

ADD

ADD

AGE

AGE

BAG

BAG

BED

BED

JIG

JIG

LICK

LICK

LAD

LAD

Find more word searches at letterjoin.co.uk on Resources > Printouts > Key Stage 1

Fill in a form using capital letters

Print the capital letters neatly.

SCHOOL ROAD ✓

Try not to touch the box lines.

S c h o o l R o a d ✗

My School

First names

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Surname

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

School name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Class name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Teacher's name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Add the Capital Letters

You must always start a sentence with a capital letter.

Write these sentences again adding the missing capital letters:



i splash in the mud.

queens live in castles.

stop, you bad dog!

up the hill is a big house.

eat your egg and chips.

Capitals, Printed and Cursive Words

Trace and write the words:



Capitals

ANT

Printed

ant

Cursive

ant



JELLY



CAT



EGG



GHOST



MOUSE



HAND

Find more worksheets at letterjoin.co.uk on Resources > Printouts > Key Stage 1

Handwriting practice lines consisting of alternating light blue and white horizontal bands, with a solid grey line separating each pair of blue bands.